Assembly Concurrent Resolution No. 64

RESOLUTION CHAPTER 58

Assembly Concurrent Resolution No. 64—Relative to June Dairy Month in California.

[Filed with Secretary of State July 18, 2011.]

LEGISLATIVE COUNSEL'S DIGEST

ACR 64, Valadao. June Dairy Month.

This measure would proclaim the month of June to be June Dairy Month in California, in honor of the work of dairy producers in California, and would encourage all Californians to continue to support the American dairy industry by including dairy products as part of a healthy diet.

WHEREAS, The national "June Dairy Month," originally known as National Milk Month, has been an annual tradition since 1937, and is a great opportunity for Americans to honor dairy farmers and to recognize the importance of dairy products to a healthy diet for many Americans;

WHEREAS, Only 30 percent of Americans meet their recommended intake of calcium, and the United States Surgeon General's office predicts that by 2020, half of all Americans older than 50 years of age will be at risk for fractures as a result of osteoporosis and low bone density; and

WHEREAS, Dairy foods provide essential nutrients, including nearly 75 percent of the calcium naturally available in the food supply, as well as potassium, magnesium, and vitamin A, and milk is the number one source of calcium, potassium, phosphorus, and vitamin D in the American diet; and

WHEREAS, Dairy foods also play a beneficial role in maintaining a healthy weight; and

WHEREAS, Dairy foods, when consumed as part of a healthy diet, may help to reduce osteoporosis, hypertension, obesity, colon cancer, and metabolic syndrome—a cluster of conditions that can also lead to heart disease and type II diabetes; and

WHEREAS, It is estimated that the dairy industry accounts for less than 2 percent of the total U.S. greenhouse gas emissions, an amount that the industry continues working to reduce; now, therefore, be it

Resolved by the Assembly of the State of California, the Senate thereof concurring, That the Legislature hereby proclaims the month of June to be June Dairy Month in California, in honor of the work of dairy producers in California, and hereby encourages all Californians to continue to support the American dairy industry by including dairy products as part of a healthy diet; and be it further

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Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.